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THE POWER OF AUDIO-ENHANCED MUSIC

Malorie Mackey

Actress, author and adventurer

Malorie Mackey is an actress, host, and writer living in Los Angeles, CA. Malorie's first book was published in 2017 and her short story "What Love Has Taught Me" has been published in the anthology "Choices." You can find Malorie's travel content on dozens of digital media platforms. Check out www.maloriesadventures.com for more. Malorie's adventures don't just encompass physical adventures. She has been a student of intuition since she was a teenager, studying at Edgar Cayce's A.R.E. In 2019, Malorie discovered the Monroe Institute while filming her travel show. Since then, she has been studying the art and science of consciousness through many different programs and life experiences.

Music is a true expression of the soul. Through music, people have conveyed the feeling of connecting to a greater power to express themselves, achieve altered states of consciousness, and bring forth heightened emotions and motivations. While some music seems to reach everyone, it is also an extremely personal experience. There's passion and power in music, and to say that it affects us all on an emotional level is an understatement. Music is, very simply, a potent form of art and expression.

How does Monroe Sound Science differ from most other music?

Monroe Sound Science is a combination of sound techniques utilized in meditation exercises and beyond. This audio technology is specifically crafted to provide powerful journeys using a mixture of binaural beats, various frequencies, amplitude, phase modulation, and more. It helps shift you into beneficial expanded states of consciousness rapidly where you can learn, grow, and connect more securely with your higher self.

These elements are now being incorporated together

Recently, the Monroe Institute has been enhancing the music of partnering musicians with Monroe Sound Science to create audio-enhanced experiences. With music (in and of itself) and Monroe Sound Science each being powerful tools that create emotionally distinct and transformative moments, just imagine how these aspects can work together. By integrating Monroe Sound Science signals with certain music, the music can become an even more powerful tool for concentration, relaxation, or any other desired intention.

This idea fascinates me, as music has been such a driving force for me. The right music can immediately inspire me to connect to some greater energy to work towards my current goals. Music is a tool I use to build motivation, and as I work on forming my brand right now via my website and TV show, the right music can connect me to creative energy and my higher self, helping me plan my best next move. We all need to feel motivated to do our best work, and music is one of the best ways I know to ignite that fire within me. Monroe Sound Science is a fantastic tool that allows me to manifest

the future I envision for myself while healing what may need to be healed currently. I utilize both of these tools in different situations to create my best life.

Just imagine the possibilities that could result from these two things being brought seamlessly together. Adding Monroe Sound Science to music can *activate* sound to create intention-based experiences, making the music more personal and constructive. For instance, by listening to music with the intention to heal, you can initiate healing while enjoying your favorite songs. By adding the intention of focus to music, you can use it to concentrate on work efforts. Incorporating the intention to manifest provides inspiration to see and craft the future you want for yourself. The sky really is the limit here, and I look forward to playing more with this and seeing how these two factors come together to enhance each other for more transformative moments and exciting meditation experiences.